Holy Trinity Lunch Menu

October 2021

				1 Hot Dog on Whole Wheat Bun, French Fries, Carrot Sticks & Fresh Fruit
4 Chicken Parmesan Over Whole Wheat Spaghetti with Green Beans & Fresh Fruit Turkey Bacon Melts on Whole Wheat Bread, Mashed Sweet Potatoes, Veggie Pasta Salad & Fresh Fruit	5 Orange Chicken with Roasted Broccoli Over Brown Rice & Fresh Fruit Fish Sandwich on Whole Wheat Bun, Tater Tots, Celery Sticks & Fresh Fruit	6 Turkey Burrito with Lettuce & Tomato, Chorizo Potatoes, Homemade Salsa & Sour Cream & Fresh Fruit Grille Ham & Cheese Sandwich with a Cup of Cream of Chicken & Rice Soup & Fresh Fruit	7 Big Mac's with Lettuce, Onion, Pickles & Secret Sauce, Potato Salad, Carrots & Fresh Fruit Grilled Chicken Wrap with Lettuce & Tomato, Red Potatoes, Peas & Fresh Fruit	8 Cheese or Pepperoni Whole Wheat Pizza Bread, Pasta Salad, Sliced Carrots & Fresh Fruit Monte Cristo Sandwich on French Toast, Hash Browns, Mixed Vegetables & Fresh Fruit
11 Southwest Skillet with Red Potatoes, Peppers, Onions and Black Beans, Topped with Eggs and Shredded Cheddar & Fresh Fruit Buffalo Chicken Sandwich on Whole Wheat Bun with Pasta, Broccoli & Fresh Fruit	12 Open Faced Hot Turkey Sandwich with Gravy, Mashed Potatoes, Corn and Fresh Fruit Chicken Philly Sandwich with Grilled Peppers & Onions on Whole Wheat Bun, French Fries, Carrots & Fresh Fruit	13 Chicken Fajitas with Peppers & Onions, Mexican Style Rice & Beans, Homemade Salsa & Sour Cream & Fresh Fruit Pulled Pork Sandwich on Whole Wheat Bun with Mac & Cheese, Green Beans & Fresh Fruit	14 Stuffed Shells with Garlic Bread, House Salad & Fresh Fruit Meatball Sub on Whole Wheat Bread, Veggie Pasta Salad, Cole Slaw & Fresh Fruit	15 Cheese Burger Sliders with Bean Salad, Pasta & Fresh Fruit Chipotle Chicken Wrap with Lettuce & Tomato, Greek Salad, Peas & Fresh Fruit
18 "Fried" Chicken & Waffles with Peas & Fresh Fruit Grilled Cheese & Bacon on Whole Wheat Bread, Carrot Sticks, Tomato & Cucumber Salad & Fresh Fruit	19 Cajun Chicken Pasta with Grilled Peppers & Onions, Side Caesar Salad & Fresh Fruit Cheese Burger on Whole Wheat Bun, Pasta, Mixed Vegetables & Fresh Fruit	20 Seasoned Beef Quesadillas with Chips & Homemade Salsa & Fresh Fruit Chicken & Bacon on Whole Wheat Pita with Lettuce & Tomato, Curley Fries & Fresh Fruit	21 BBQ Rib Sandwich on Whole Wheat Bun, Sweet Potato Fries, Mixed Vegetables & Fresh Fruit BLT Wrap with Lettuce & Tomato, Pretzels, Celery Sticks & Fresh Fruit	22 No School
25 No School	26 Meatloaf with Buttered Noodles, Green Beans & Fresh Fruit Crispy Chicken Wrap with Lettuce & Tomato, Broccoli Salad & Fresh Fruit	27 Chicken Enchiladas with Mexican Style Rice, Beans & Fresh Fruit Georgia Ruben Topped With Cole Slaw, Onion Rings & Fresh Fruit	28 Hand Tossed Chicken Caesar Salad with a Cup of Broccoli Cheddar Soup & Fresh Fruit Patty Melt with Grilled Onions, Corn Salad, Red Potatoes & Fresh Fruit	29 Cheese or Pepperoni Whole Wheat Pizza Bread, Caesar Salad, Cauliflower with Cheese & Fresh Fruit BBQ Chicken Sandwich on Whole Wheat Bun, Mac & Cheese, Baked Beans & Fresh Fruit

Ketchup and Hot Sauce Available Daily

Fat Free White Milk and 1% Chocolate Milk Available Daily